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Thursday, November 29, 2012

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WAIT FINALLY OVER

A flame-swallowing fire-juggler added to the circus-like atmosphere at the front doors of Winnipeg's new IKEA store Wednesday morning as an estimated 2,000 people waited to get a glimpse of the store, which opened its doors at 9 a.m. Roughly 800 hearty shoppers lined up starting at midnight to be among the first through the doors. SHANE GIBSON/METRO

Police board created

Spat. But city wants province to pay for it

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Winnipeg's city council has approved the creation of a police board, but now the wrangling begins over who will foot the bill.

Police boards are now required under Manitoba's Police Service Act and implementation of the new bylaw needed to take place before Dec. 1, which is why a special city council meeting was held Wednesday afternoon to approve it.

Earlier in the day, members on the executive policy committee passed the bylaw.

Mayor Sam Katz said in his conversations going back to the previous justice minister,

Dave Chomiak, the city was expected to cover "nominal" costs such as per diems and the province "would pick up the balance of the costs."

"I have certainly made the new minister, Andrew Swan, aware of that. I'm still trying to set up a meeting with Minister Swan to discuss that because very clearly council expects them to live up to their promise and that's the only reason we moved forward on it," said Katz, adding it was a "specific commitment to pay."

However, a spokesperson for the justice minister said the costs associated with the board will be "very minimal" and are expected to be covered by Manitoba municipalities.

Also, the legislation does not require that the board be given a staff person and meeting space could be provided by the municipalities, leaving just the per diems, added the spokesperson.

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ABOVE-AVERAGE JOE
Kerri Salki

Darlene describes herself as a feminist who can be high maintenance, and loves travelling. She broke her foot once doing "wicked" moves to Ice, Ice, Baby.



Darlene Meissner CONTRIBUTED

Name: Darlene Meissner
Occupation: Social services
Dream Job: Queen.
What would your last meal be? Popcorn. As I'm most likely going to choke on it one day.
Favourite TV show: Arrested Development.
Pet Peeve? When drivers don't merge when there's a clear merge.
Last book you read? Probably something by Robert Munsch.
Favourite song right now? That one where they're never, ever, ever getting back together.
Advice for moms? Get them to do housework: When they want someone over or to go out. It's the only way I've been able to get mine to do a stitch of work without an argument.

*Just because they're not famous doesn't mean they're not a somebody. If you know an Above Average Joe you think needs recognition, email me at kerri.salki@102clearfm.rogers.com. **KERRI IS PART OF THE JOE SHOW WITH KERRI AND BUBBA ON 102.3 CLEARFM FROM 5:30-9 A.M.***

Transgender rights. MP Glover supports bill

Stephen Harper's Conservatives have declared themselves advocates for gay rights worldwide, but their caucus is divided over a bill that would recognize some of those rights at home.

MPs are studying a private member's bill that would make it illegal to discriminate against transgendered Canadians and to disseminate hate on the basis of someone's gender identity or expression. Not all transgendered people are homosexual, but their issues are often repre-

sented within the gay and lesbian community.

Conservatives on the Commons committee handling the bill are split. At least two — Manitoba's Shelly Glover and B.C.'s Kerry-Lynne Findlay — have suggested they will vote in favour of the bill with some amendments. Glover, a former police officer, emotionally described that she had seen cases of extreme brutality against transgendered individuals.

THE CANADIAN PRESS

Cheap booze. Salvage sale cancelled for workers

Manitoba liquor commission workers feel the government agency is being a Grinch this Christmas by cancelling a long-standing tradition — the employee sale of discount liquor deemed unfit to sell in stores.

It hasn't been publicized, but for more than 25 years every holiday season, workers have been able to buy bottles of wine, beer and spirits that could not be put on the shelves of the government-run stores. Some bottles might have dam-

aged or missing labels, some were in cases with other bottles that broke or froze, and some were approaching their best-before date.

The sale was a way for the Manitoba Liquor Control Commission to recoup some money, according to one worker who spoke on condition of anonymity. "As opposed to just pouring it down the drain and crushing the bottles, which costs a lot of money," the worker said Tuesday. THE CANADIAN PRESS

Kapyong deal likely not imminent: Mayor

Battle over ownership.
Katz says millions of dollars wasted as land goes unused



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

City of Winnipeg officials are playing the waiting game over a possible deal on the Kapyong Barracks.

On Tuesday, CTV Winnipeg reported that sources said a settlement to a court case over the 160-acre property could be announced as early as Friday.

There are seven First Nations groups that would like to create an urban reserve, or economic development zone, on the land along Kenaston Boulevard and Grant Avenue.

A fight over ownership of Kapyong is currently being waged in the court between the federal government and the seven First Nations.

Mayor Sam Katz said Wednesday that he does not believe a deal is very close.

"I don't know if the word imminent would be appropriate," said Katz.

"I've definitely had a dialogue with people who are directly involved with that. We all know that if they can resolve the issue outside of court, it's very positive. We know that there's millions of dollars being flushed down the toilet that no one's benefitting from as a result of the land just sitting vacant."

Katz said the city still plans to expand Kenaston Boulevard from four to six lanes, from Taylor Avenue to Bishop Grandin.

"The city's already been working on acquiring land so that we can do the expansion from four to six lanes, but obviously in that area we have the federal lands on both sides of the street, we need their co-operation," added Katz. "You can't expropriate federal lands."

Coun. Paula Havixbeck, whose Charleswood-Tuxedo ward includes the Barracks, said she hasn't heard anything official yet, but if and when a deal is reached, she would like to see public consultations happen to determine "what the public and constituents who live right behind that property would be amenable to."

"People want something done about Kenaston."



Coun. Paula Havixbeck says she has not yet heard about a deal that would resolve the ongoing battle over Kapyong Barracks, located in her ward.

BERNICE PONTANILLA/METRO

1 NEWS

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Ron Belanger, director of plant services at the Misericordia Health Centre, says the hospital's new Maryland South building is on track to be completed by next fall. HEIDI KLASHKA/FOR METRO

Plans for new health complex still on schedule

Phase 1. Hospital's new Maryland South building about a year away from completion



SHANE GIBSON
shane.gibson@metronews.ca

Nearly a year after Misericordia Health Centre's 106-year-old Maryland South building was knocked to the ground, work is on track for the new \$43 million two-storey health complex that will take its place.

"What's happening at the moment is they're finishing off the basement level and the first floor, and they're starting on the second floor as far as the concrete work goes," said Ron Belanger, director of plant services

In development

"Phase 2 is actually the showpiece. We have a schematic drawing of what we're looking at, but the actual tender drawings have to be developed."

Ron Belanger, director of plant services

at MHC. "Things are going along fairly good and everything's on schedule right now."

Once complete, the building will be home to the Buhler Eye Care Centre and Lions Eye Bank, which will be consolidated and expanded to include space for the University of Manitoba's Ophthalmology Residency Program. The hospital's Ambulatory Diagnostic Centre will be relocated from the fourth floor to the new building.

"It'll be closer to urgent care where all the actual testing is actually done when people come in," explained Belanger of the move.

The building will also house the city's second PRIME site, a new health centre for seniors that will provide medical expertise, recreational and social activities, personal

Phase 2

Demolish and rebuild

Phase 2 will see the hospital's original Sherbrook building demolished to make room for a new front entrance with a two-storey glass-walled atrium and the hospital's new chapel.

The work won't add too much extra space at the hospital, Belanger said, adding that no start date has been slated.

Redeveloping the hospital's two oldest buildings was long overdue and the result of nearly 20 years of planning, said Belanger.

"There had to be something done to either spruce them up or eliminate them and build them new," he said. "In this day and age it'll cost you more to renovate than it would to build new."

METRO

care, rehabilitation, and support for families.

Belanger expects construction on the first phase to be complete by fall 2013.

Funding

The Province of Manitoba kicked in \$38 million for phase one of the work and the Misericordia Health Centre Foundation provided the additional \$5 million needed for the project.

Source: The Province of Manitoba



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Status vote. UN bid the last chance to secure two-state solution, Palestinians say

[illegible]

Tory pollster puts Harper on the spot

Liberals want PM to apologize.

Firm censured for conducting a misinformation campaign against MP

Liberals are demanding an apology from Prime Minister Stephen Harper over the conduct of a Tory pollster.

Campaign Research was censured for conducting a

Quoted

"The effort to dislodge Mr. Cotler was, to use a technical term, disgusting. It was beyond any standard we've ever known."

Bob Rae,
interim Liberal leader

misinformation campaign against MP Irwin Cotler.

An investigation by the market research industry's watchdog, the Market Research and Intelligence Association, concluded Wednesday that the actions of Campaign Research Inc. brought the industry into disrepute.

The association received seven complaints of professional misconduct against Campaign Research.

The complaints related to a voter identification poll the company conducted last autumn on behalf of the federal Conservative party in Cotler's Montreal riding.

The company's callers suggested to constituents — falsely — that Cotler either had or was about to quit as Liberal MP.

Cotler said the Conservatives must now take responsibility for the conduct of their pollster.

THE CANADIAN PRESS



Hi, partner!

They're partners in trade. Two North American leaders meet in Ottawa to cement ties and talk economics. Prime Minister Stephen Harper and Mexico's president-elect Enrique Peña Nieto hold a news conference on Parliament Hill on Wednesday. Peña Nieto was making a whirlwind visit just three days before being sworn in. He also travelled to Washington, D.C., to meet with U.S. President Barack Obama. Peña Nieto wants to encourage Canadian investment in his country's state-run oil company. SEAN KILPATRICK/THE CANADIAN PRESS

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Medical woes. Women in agony ask Saskatchewan to pay for mesh removal



Marika English is going to California next week to get surgical mesh fully removed. It will set her back \$30,000 unless the government agrees to pay.

One woman has not been able to sit down for seven months.

Another says she feels like she has steel wool inside her.

A third fears she might not have more children.

Ruth Olson, Marika English and Stephanie Brad all say they're in agony because of complications from a surgical mesh.

And they're begging the province of Saskatchewan to pay for the mesh's complete removal.

"We are angry, we are sick and we are in pain," English said Wednesday at the Saskatchewan legislature.

The women had surgical mesh inserted through their vaginas to help with urinary incontinence and pelvic organ prolapse.

But the women say their meshes have failed and are poking into other organs.

They said the Saskatchewan health ministry has turned down their requests for funding out-of-country medical coverage.

The women said complete mesh removal is not available in Canada — that only partial removal is offered by a doctor in British Columbia.

Liberal race. Garneau the spaceman wants to send Harper into orbit



Marc Garneau is well-regarded on Parliament Hill as a hard-working MP. PAUL CHIASSON/THE CANADIAN PRESS

The latest contender for the helm of the federal Liberals hopes his astronaut credentials will give him a lift.

Marc Garneau repeatedly played up his resumé as Canada's first man in space as he officially launched his leadership campaign Wednesday.

The Montreal MP touted himself as the Liberals' best hope for defeating Prime Minister Stephen Harper, having gained the necessary experience and leadership skills during an impressive career before jumping into the political arena in 2008.

"I want to be the prime minister of Canada, I want to be the Liberal leader," Garneau told a news conference in Ottawa.

"I will talk about my strengths and my strengths are proven ...

"There will be no modesty

Quoted

"He's a man of ideas and strength."

Justin Trudeau,
presumed Liberal frontrunner

here. I'm going to speak specifically about what I've done in the navy, what I've done in the space program, including being the president of the Canadian Space Agency."

Garneau insisted he's not daunted by the prospect of going up against fellow Montreal MP Justin Trudeau, the presumed favourite.

"When I sent in my application (to become an astronaut), I was one of 4,000 people and I ended up No. 1," Garneau said.

THE CANADIAN PRESS



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Market Minute



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OIL
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GOLD
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Natural gas: \$3.81 (-8¢)
Dow Jones: 12,985.11 (+106.98)

Livestock products

Ridley buys Stockade Brands

Ridley Inc. has acquired Kansas-based Stockade Brands Inc., a private manufacturer of nutritional supplements for livestock. Financial terms of the deal weren't disclosed in the announcement Wednesday.

Ridley makes supplements and feed products for animals at facilities in Minnesota, South Dakota, Texas, Alabama, Kentucky and California. It will add Stockade's production plant in Pittsburg, Kan.

"Acquisition of the Stockade facility and product family provides additional depth to Ridley's product line-up for beef cattle, dairy, goats, wildlife and equine, and gains access to new marketing channels in the region," said Bob Frost, executive vice-president of Ridley.

THE CANADIAN PRESS

Anti-corruption squad nabs former SNC-Lavalin CEO

Fraud charges. Arrest relates to Montreal superhospital contract

The former head of Canada's biggest engineering firm, who once mused that Quebec was taking sufficient measures to fight corruption in the construction industry, was arrested Wednesday by the squad at the centre of those efforts.

Pierre Duhaime, the former chief executive of SNC-Lavalin, was taken from his home by police in connection with alleged fraud involving one of Montreal's huge new superhospitals.

The arrest warrant alleges that Duhaime and Riasdh Ben Aissa, another former top executive, also committed conspiracy to commit fraud and uttered false documents



Former SNC-Lavalin CEO Pierre Duhaime THE CANADIAN PRESS FILE

in connection with a contract pertaining to the multibillion-dollar McGill University Health Centre. The infractions are alleged to have taken place between April 30, 2009, and Aug. 31, 2011.

Duhaime was expected to be released on a promise to appear in court at a later date

Quebec construction inquiry

A senator appointed by Prime Minister Stephen Harper says he could not possibly have known that some of his business contacts would someday be accused of having criminal Mafia links. Senator Leo Housakos reacted Wednesday to details emerging from Quebec's construction inquiry, expressing frustration over

what he called a smear-by-association campaign and a "witch hunt."

Housakos was named at the inquiry for attending meetings that are being scrutinized at the high-profile probe. The inquiry heard he met with two men who now face numerous criminal charges in an unrelated affair.

after being questioned by provincial anti-corruption squad investigators. Squad chief Robert Lafreniere said "international proceedings" have been initiated against Ben Aissa, who is currently detained in Switzerland.

Ben Aissa, SNC's former head of construction, is accused

of fraud, money laundering and corrupting a public official tied to his dealings in North Africa.

Duhaime received a \$5-million payout after he stepped down as SNC-Lavalin's CEO last March. He was "relieved" of his duties after an independent review conducted by the company. THE CANADIAN PRESS

Gulf oil spill. BP cut out of new U.S. federal contracts

The Obama administration put a temporary stop to new federal contracts with British oil company BP on Wednesday, citing the company's "lack of business integrity" and criminal proceedings stemming from the Deepwater Horizon disaster in 2010.

The action by the Environmental Protection Administration won't affect current contracts, but prevents BP and its affiliates from new government contracts "until the company can provide sufficient evidence to EPA demonstrating that it meets federal business standards," the agency said.

"EPA is taking this action due to BP's lack of business integrity as demonstrated by the company's conduct with regard to the Deepwater Horizon blowout, explosion, oil spill, and response," the agency said

By the numbers

\$4.5B

BP announced earlier in November that it will plead guilty to manslaughter, obstruction of Congress and other charges and pay a record \$4.5 billion US in penalties to resolve a Justice Department probe of the disaster.

in a statement. In London, BP said it expected to make a statement later Wednesday.

The suspension came the same day two BP rig supervisors and a former executive pleaded not guilty to criminal charges stemming from the deadly explosion and the company's response to the resulting oil spill in the Gulf of Mexico. The three men are charged with manslaughter in the deaths of 11 rig workers. THE ASSOCIATED PRESS

Central-banking brouhaha. British press gleefully puts Carneys through wringer

Bank of Canada Governor Mark Carney's wife is an eco-warrior with left-wing views? Who knew?

Welcome to the British press! London's leading newspapers have been having a field day putting Carney under the microscope, examining everything from his monetary policies to his personal life, since the stunning news a Canadian would be taking over as head of the Bank of England.

Among the stories published in The Telegraph Tuesday was "Ten facts about Diana Carney, wife of the new Bank of England Governor Mark Carney."

It revealed, among other things, that she runs a website, called ecoproductsthatwork.com, where she provides tips on gar-

dening pots made from fired cow dung and where to buy \$10 vegan shoes.

On a more serious note, the story also noted the British-born mother of four girls was educated at Oxford and works as vice-president, research, at Canada 2020, an independent, progressive think-tank based in Ottawa.

Another Telegraph column, by Sarah Rainey, goes a step further and attempts to explain Canada to the British, pointing out we're known for more than Mounties and maple syrup and that Carney is not the country's only bright light. She goes on to name actor Michael J. Fox, writer Margaret Atwood and teenage singer Justin Bieber.

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Attack ads. Don't get 'scroogled,' Microsoft warns holiday shoppers

Microsoft is trying to skewer Google as a lousy holiday shopping guide in its latest attempt to divert more traffic to its Bing search engine.

The attack started Wednesday with a marketing campaign focused on a recent change in how Google runs the part of its search engine devoted to shopping results. The revisions require merchants to pay Google to have their products listed in the shopping section.

In its new ads, Microsoft Corp. contends the new approach betrays Google Inc.'s longstanding commitment to provide the most trustworthy results on the web, even if it means foregoing revenue. To punctuate its point, Microsoft is warning consumers that they risk getting "scroogled" if they rely on Google's shopping search service.

The message will be highlighted in TV commercials that will run on NBC and CNN and newspaper ads in The New York Times, The Wall Street Journal and The Washington Post. The blitz also will appear on billboards and online, anchored by a new site, Scroogled.com.

By the numbers

100K

In a statement late Tuesday, Google said it's pleased with the response to the new shopping system, which offers listings from some 100,000 sellers.

The barbs are likely to inject more antagonism into an already bitter rivalry between two of the world's best-known and most powerful technology companies. Google's search engine is dominant on the Internet, with Bing running a distant second.

Google still doesn't require websites to pay to be listed in its main database. That's the index providing the results for requests entered into Google's all-purpose search box. A query made there for a particular product, such as computers, will still include results from merchants who haven't paid for the privilege of being included. But anyone who clicks on a tab at the top for shopping-specific results will see only listings for paying merchants.

THE ASSOCIATED PRESS

Osisko Mining Corp.

Police, officials raid Malartic gold mine in Quebec

Police participated in a raid on a major gold mine in Quebec, seizing documents related to its drilling and blasting practices Wednesday.

Provincial police moved in to grab documents at the Canadian Malartic mine, which belongs to Montreal-based Osisko Mining Corp.

They were joining representatives of the provincial environment ministry.

A spokeswoman for Environment Minister Daniel Breton said the raid was prompted by allegations that the company broke the conditions of the deal that allowed it to exploit the mine.

She said departmental officials demanded documents linked to drilling and blasting from April 2011 to October 2012.

The western Quebec site has been the largest gold mine in Canada, although it's set to be overtaken soon by the Detour Lake mine in Ontario.

THE CANADIAN PRESS

Telecom

Legal dispute between Nokia, RIM widens

Research In Motion was buffeted Wednesday by news that Nokia Corp. has asked courts in several countries to uphold a Swedish arbitrator's ruling that could prevent RIM from using certain patented wireless technology.

The arbitrator ruled recently that RIM is in breach of the companies' agreement and should be blocked from making or selling products with Wi-Fi communications unless it pays royalties to Nokia for certain technology rights.

"In order to enforce the tribunal's ruling, we have now filed actions in the U.S., U.K. and Canada with the aim of ending RIM's breach of contract," Nokia spokesman Mark Durrant said in statement.

He said Nokia licensed some of its technology to the BlackBerry maker in 2003 and they revised their arrangement in 2008. He said RIM asked a Swedish arbitrator to rule on terms of the deal, but Nokia fought back and prevailed.

THE CANADIAN PRESS

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STRIKE THE SHOPPERS AND JOIN THE CHORUS



HE SAYS...
John Mazerolle
metronews.ca

Oh, joy! It's once again that magical time of year when we get into the "spirit" of Christmas — so called because Christmas, as it was once understood, is dead by the end of November, either killed

by the Gods of Consumerism or trampled to death at a shopping mall by people clambering for this year's must have present: Restraining Order Elmo. Fa la la la la la la.

It all began last week, with people in their stretchiest shopping pants crawling all over each other during Grey Thursday, Black

Deck your fellow patrons

The more violent aspects seem solely American so far, but we might not be far behind. There were zombies lined up outside Canadian malls at 6 a.m. on Black Friday, because we saw the old ladies hurting each other on the TV and naturally thought, "We want some of that."

This made perfect sense.

Watching the Black Friday swarm move through a mall like locusts — leaving behind employees wearing nothing but their smiley-face pins — is fascinating, but frightening.

It occurs to me how fitting it is that the 1978 horror allegory Dawn of the Dead was a film about a shopping mall full of flesh-eating zombies that shuffled slowly in a slack-jawed, aimless stupor, while the more recent remake had fast zombies bounding through the mall in a quick, deadly crush. While the first film was clearly meant to mock the day's spirit of consumerism, I think the echo of fast, awful crowds in the second film was just good luck. Living death imitates art.

And all the more fitting since Christmas advertising now starts on Halloween.

The festivities used to kick into gear after Remembrance Day, but I suspect in the future we'll just tell kids the story of how The Veterans Saved Christmas while we enjoy our seasonal Peppermint poppy mochas.

The worst part of all for me is that, despite my non-believer status, I really like Christmas. I like the lights and the outdoor markets and most of the music, and so it kills me a little to see people getting all mobby over stuff they'll forget about by Jan. 3.

The more violent aspects seem solely American so far, but we might not be far behind. There were zombies lined up outside Canadian malls at 6 a.m. on Black Friday, because we saw the old ladies hurting each other on the TV and naturally thought, "We want some of that."

In the spirit of Christmas giving, might I suggest that we return the favour by giving Americans our Boxing Day sales? Given their track record, they'll enjoy another shopping day while making the name more apt than ever.



Customers wait in line to enter Best Buy on Black Friday in Fort Worth, Texas. According to recent data, Black Friday is expected to attract zombies to Canadian malls by 2014. TOM PENNINGTON/GETTY IMAGES

Still trying to impress Olive Oyl



STEPHAN SAVOIA/THE ASSOCIATED PRESS

Ripped

Hey, Popeye, where's your pipe?

Don't tell Popeye. It turns out you don't need to eat your spinach to get the world's biggest arms. Bodybuilder Moustafa Ismail insists they are all-natural, the result of a punishing workout regimen he started after a guest at his uncle's wedding in his native Egypt mocked his overweight frame.

"They call me Popeye, the Egyptian Popeye," Ismail, 24, said while working out in the Boston suburb of Milford. But unlike the

cartoon character, "I like chicken, beef, anything but spinach."

It's not easy having the world's biggest arms.

Skeptics say there must also be steroids or some other artificial means behind Ismail's beyond-bulging biceps and triceps, and Guinness World Records is now waffling on whether to recognize him.

Controversy ensued when Guinness decided to recognize him as having the largest upper arm muscles. In response to critics, they are now conducting research with medical specialists and reviewing Ismail's category.

THE ASSOCIATED PRESS

Big guns

- Ismail started building his muscles in his Egyptian hometown of Alexandria before moving to the United States in 2007 and settling in Franklin, southwest of Boston.

- To pay for his gym membership and daily dietary requirements, he worked two jobs as a gas station attendant, but gave up one after his wife began to complain that he was pushing himself too hard.

No sweat

31 inches

Ismail eats three kilograms of protein and four kilograms of carbohydrates, and drinks 11 litres of water each day to help maintain upper arms that measure 31 inches around — as big as a small man's waist. Generous amounts of poultry, seafood and shakes provide the protein he needs to fuel daily two-hour workouts in which he lifts as much as 600 pounds.

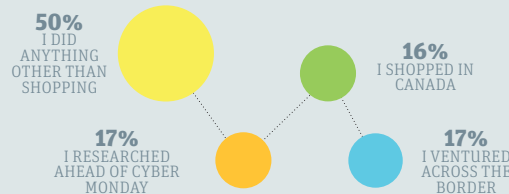
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Watch the video at metronews.ca



Register at metropolitanpanel.ca and take the quick poll

What did you do on Black Friday?



Twitter

@stats_canada:

Thanks to the new Ikea, Swedish meatballs are currently outselling perogies by 4:1 in Winnipeg

@Broximar:

IKEA is now open #Winnipeg. Time to go stand in line for Target.

@righteousradio:

Congrats to all those hardy Winnipeggers who lined up for #IKEAWinnipeg. @IKEACanada Did you expect any less from Win-

nipeg? We are die-hards!

@CassShahinfar:

Winnipeg is cold. Ikea is opening today. People camped out since last night. That is dedication to furniture you have to assemble yourself.

@waub:

My thoughts go out to my friends in Winnipeg media who have to cover the opening of the new Ikea today



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Adam Carolla Show rolls into Winnipeg

Comedy. Radio personality's live show a mix of stand-up, motivational speaking and storytelling



BACKSTAGE PASS
Jared Story
winnipeg@metronews.ca

On Feb. 23, 2009 — five days after he was canned by CBS Radio — comedian Adam Carolla started a free daily podcast on his personal website.

Just two years later, Guinness World Records named the Adam Carolla Show the “most downloaded podcast” ever, with close to 60 million downloads.

“I think it’s a combination of terrestrial radio not being what it used to be and listeners wanting something a little more out of the experience,” says Carolla, 48, of his podcast’s popularity.

“You don’t need a station or a transmitter anymore. You don’t need a FCC license or a tower.

“You can literally just get your voice to the audience and its uncut, it’s not getting stepped on by program directors or the folks who buy ads that want to tell you what to say and not to say.

“It’s a very pure way of communicating with people.”

Of course, a free podcast doesn’t pay the bills, but it has proved to be an effective platform for promoting Carolla’s other projects.



Comedian, author and popular podcast host Adam Carolla brings his stage show to Winnipeg. SUPPLIED

For instance, he is the author of two New York Times bestsellers, including his new memoir, *Not Taco Bell Material*, which details his rise from pauper to prince.

Prior to co-creating TV’s *The Man Show* and *Crank*

Yankers, and before his big break on the syndicated radio call-in program *LoveLine*, Carolla grew up poor and worked a series of low-paying manual labour jobs, such as carpet cleaning and construction.

That rags to riches story inspires Carolla’s stage show, which is a mix of stand-up comedy, storytelling and motivational speaking.

Carolla says he aims to inspire because he’s con-

Mom knows best?

“I saw what my mom was turned into because of all the free money, the welfare, the food stamps and the free school lunches. It just created someone who slept a little more each day and ironically was a little angrier at the government.”

Adam Carolla, on what he thinks is an epidemic of entitlement

vinced there’s an epidemic of entitlement in his country.

“I know it firsthand because my mom was on welfare and I naively asked her once when I was a kid ‘Why don’t you just get a job?’ She said if ‘I get a job, I’ll lose my welfare.’

“Wow, that’s a horrible message to send to your nine-year-old son, but I understood it well,” Carolla says.

“I saw what my mom was turned into because of all the free money, the welfare, the food stamps and the free school lunches.

“It just created someone who slept a little more each day and ironically was a little angrier at the government.”

Carolla performs Friday night at the Burton Cummings Theatre. Tickets are \$58.50 and \$48 at Ticketmaster. Showtime is 8 p.m.

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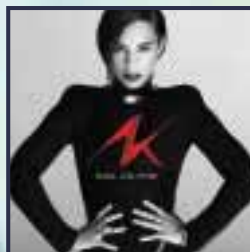
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Ray Liotta stars in the latest mobster drama Killing Them Softly. HANDOUT

Ray Liotta treads softly in his latest mob role

New movie. Best known for his bad guy roles, Liotta flips the script in Killing Them Softly as he becomes a good guy mobster

HEIDI
PATALANO
Metro World News

Ray Liotta knows how to give a hell of a fake beating. He's also good at taking one, as he does in his latest film — mobster drama Killing Them Softly. Though fans are still asking him to say lines from his iconic role in 1994's Goodfellas, the New Jersey native doesn't mind slipping back into the role of a gangster for Andrew Dominik's new film, especially since, as he says, he's playing a good gangster this time around.

In this film, the mob underworld serves as a microcosm for the country as a whole. So many people felt victimized by the 2008 financial crisis, which is when this film

Quoted

"Everybody got hit. I'm not sure, but I guess it happens to all walks of life. You don't think of it as maybe hurting people who do illegal things, but it stands to reason (the effect of the crisis), I guess, would be across the board."

Ray Liotta
Talking about the 2008 financial crisis.

is set. The mobsters who get ripped off in the card game robberies represent the general public. What do you think is the allegorical message of all of that?

Just that everybody needs money. Everybody got hit. I'm not sure, but I guess it happens to all walks of life. You don't think of it as maybe hurting people who do illegal things, but it stands to reason (the effect of the crisis), I guess, would be across the board — good guys and bad guys.

It's refreshing how the film places the mob in the context of the crisis. Is that one of the things that attracted you to this role?

That was in the book ... But that's not why I did it. I did it more just because it was a really interesting story and it was nice to play somebody who was the victim as opposed to the aggressor. It was different in terms of the bad guys that I've played.

What was the strangest mob story you've been asked to do?

I get to play cops — bad cops, some bad guys. I've only played two guys who were in the mob, Goodfellas and then I've got one coming out, Ice Man, which is a really good movie. I was asked to do The Sopranos, but it just wasn't the right time to do it. In the beginning of my career, I handled it very delicately in terms of limiting the bad guys. The irony of it all is I've never been in a fight in my whole life, yet I play and they ask me to do these kinds of guys.

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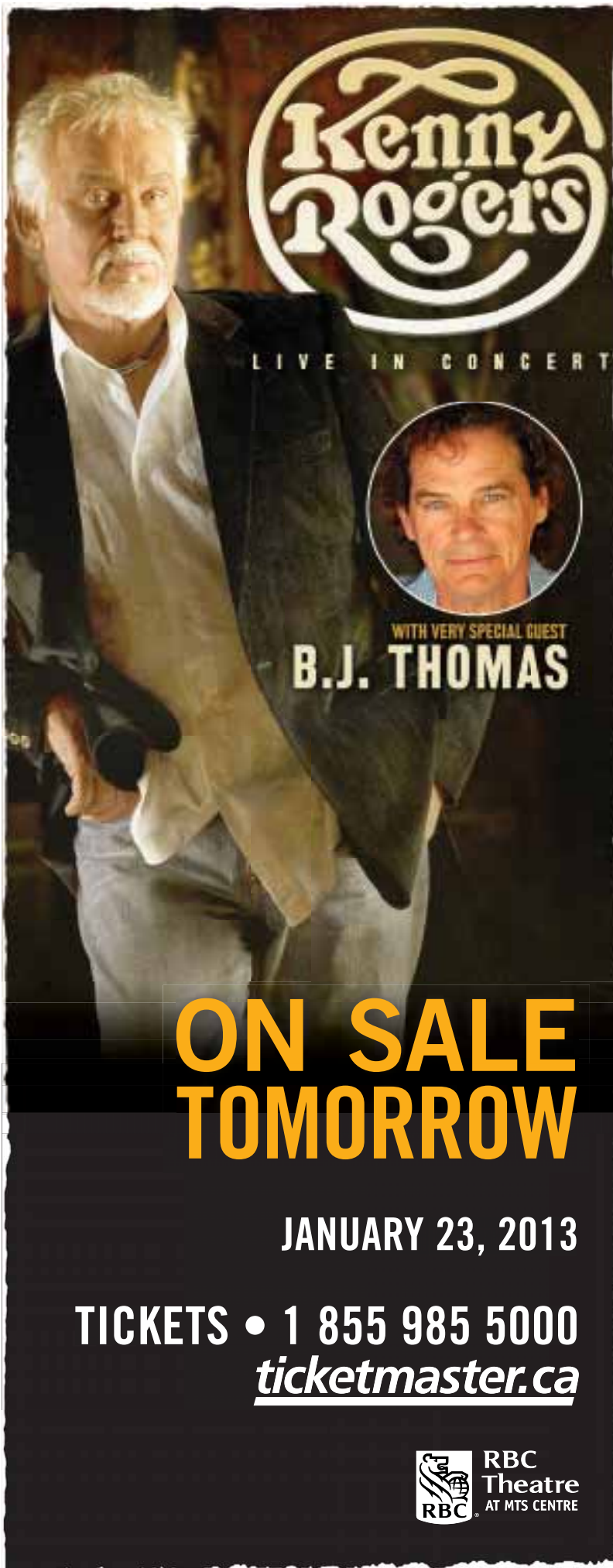
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Director Peter Jackson poses with his daughter Katie on the red carpet at the premiere of his new film *The Hobbit: An Unexpected Journey*, in New Zealand. ROSS SETFORD/THE ASSOCIATED PRESS

Hobbit fans revel in New Zealand premiere of Jackson's latest

Coming to theatres.

Fans and actors laud most recent effort from Jackson, who credits unusual shooting style for success

Wearing elf ears and wizard hats, sitting atop their dad's shoulders or peering from balconies, tens of thousands of New Zealanders watched their favourite Hobbit actors walk the red carpet Wednesday at the film trilogy's hometown premiere.

An Air New Zealand plane freshly painted with Hobbit characters flew low over Wellington's Embassy Theatre, eliciting roars of approval from the crowd.

Sam Rashidmardani, 12, said he came to see Gollum actor Andy Serkis walk the red carpet — and he wasn't disappointed.

"It was amazing," Rashidmardani said of the evening, adding his Gollum impression: "My precious."

British actor Martin Freeman, who brings comedic

Quoted

"I really think 48 frames is pretty terrific and I'm looking forward to seeing the reaction. It's been talked about for so long, but finally the film is being released and people can decide for themselves."

Peter Jackson
Director of *The Hobbit*.

timing to the lead role of Bilbo Baggins, said he thought director Peter Jackson had done a fantastic job on *The Hobbit: An Unexpected Journey*.

"He's done it again," Freeman said in an interview on the red carpet.

"If it's possible, it's probably even better than *The Lord of the Rings*. I think he's surpassed it."

While it is unusual for a city so far from Hollywood to host the premiere of a hoped-for blockbuster, Jackson's filming of his lauded LOTR trilogy and now *The Hobbit*

in New Zealand has helped create a film industry here. The film will open in theatres around the world next month.

One of the talking points of the film is the choice by Jackson to shoot it using 48 frames per second instead of the traditional 24 in hopes of improving the picture quality.

Some say the images come out too clear and look so realistic that they take away from the magic of the film medium. Jackson likens it to advancing from vinyl records to CDs.

"I really think 48 frames is pretty terrific and I'm looking forward to seeing the reaction," Jackson said on the red carpet. "It's been talked about for so long, but finally the film is being released and people can decide for themselves."

Jackson said it was strange working on the project so intimately for two years and then having it suddenly taken away as the world got to see the movie.

"It spins your head a little bit," he said.

THE ASSOCIATED PRESS



Angus T. Jones ALL PHOTOS GETTY IMAGES

Two and a Half Men actor Angus T. Jones apologizes over 'filth' remark

Two and a Half Men star Angus T. Jones is doing damage control following his remarks during an interview with a Christian website in which he called the hit show "filth" and urged fans not to watch it. Jones released a statement this week aiming to smooth things over with his bosses and

co-workers — though he pointedly didn't take back what he said. "I apologize if my remarks reflect me showing indifference to and disrespect of my colleagues and a lack of appreciation of the extraordinary opportunity of which I have been blessed," Jones' statement reads. "I never intended that."

Twitter



@jtimberlake

Memphis ... I love you. Always good to come home. Thanksgiving has got to be the best holiday. Also, I'm a pig.



@pattyduke_id

Have any of you heard or seen an article on twitter going to start charging a fee. Let me know, got a tweet saying it, but might be hacker



@JonahHill

Now I'm watching Black Swan and this movie is crazy and amazing



@JimCarrey

Archeologists are now saying that the visit of the 3 Magi to baby Jesus did happen but that the myrrh may have been a regift!

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



That was quick! Jessica Simpson is pregnant again



THE WORD
Dorothy Robinson
scene@metronews.ca

Whoa. Here's some news I didn't see coming: Jessica Simpson is pregnant, again.

Seven months after giving birth to daughter Maxwell, Jessica Simpson is reportedly already expecting another child, according to Us Weekly. "It definitely wasn't planned," a source says. "But yes, Jessica is pregnant again." This would be the second baby for Simpson and fiancé Eric Johnson. A rep for Simpson has yet to comment.

Oh man, you guys. This brings up so many questions, mainly: What was she thinking? But also: Is she taking cues from notorious quick-turnaround-breeder Tori Spelling? (Ed note: Never, ever take life tips from Tori Spelling.) What will happen to her multimillion dollar campaign with Weight Watchers? Because you know girlfriend isn't going to slim down anytime soon. And does this mean we're all going to be subjected to photos of her being gigantic yet again? As someone who has a seven-month-old at home, I'm down with pregnant ladies and have nothing but respect for them, but my Us Weekly just finally stopped running photos of her waddling around L.A. Hey, paparazzi — I think we (and probably Jessica Simpson) could use a little break. Let's let her gestate in peace this go round, OK?



Gabriel Aubry

Gabriel Aubry fails to have restraining order from Halle Berry lifted

Gabriel Aubry's efforts to have the restraining order against him lifted following a Thanksgiving brawl with ex-girlfriend Halle Berry's fiancé, Olivier Martinez, have failed, with a judge denying his request to dismiss the ban, according to TMZ. The order, which

requires Aubry to stay at least 100 yards away from Martinez, Berry and the four-year-old daughter Aubry shares with Berry, Nahla, is set to expire today due to a clerical error, though Berry is expected to file a request to extend the ban.



Dolly Parton

Parton rubbishes gay best friend rumours

Despite being married to Carl Dean for 46 years, Dolly Parton has been dogged by rumours romantically linking her to best friend Judy Ogly for years. "Judy and I have been best friends since we were like in the third and fourth grade," Parton says in an interview with ABC's Nightline. "We still just have a great friendship and

relationship and I love her as much as I love anybody in the whole world, but we're not romantically involved." On the plus side, the persistent rumours did give Parton something she could bond over with Oprah Winfrey: "Like Gayle (King), her friend, Judy, my friend, they just think that you just can't be that close to somebody," Parton says.

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KENYA HUNT
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\$696, sunony.com



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\$130, topshop.com

Zara

jacket, \$349, zara.com



Asos

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\$114, asos.com

Gift picks

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Diana Vreeland

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\$12, amazon.com.

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it, schedule in a girlie
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@Jeanne_Beker: At the CTV Bellmedia Queen St. W. bldg+something big, new+exciting is brewing! Our release goes out at noon. Stay tuned!!

@Jeanne_Beker: The word is out: We're launching theLoop.ca by Sympatico Dec. 13th

@Jeanne_Beker: TheLoop.ca will be a cutting edge lifestyle destination with plenty of style to keep you satiated!



@Jeanne_Beker: With the inspiring +lovely Senator Linda Frum. Just interviewed her at the Harold Green Theatre.



@Jeanne_Beker: Just 2 of the many FANTABULOUS prs of shoes that the divine @ConradNadeau has brought for our shoot.



@Jeanne_Beker: Bekky @qualityslippers graciously agrees to don @EDITbyJeanneB Spring 2013 for a quick shot!



@Jeanne_Beker: So many shots to choose from @EDITbyJeanneB for spring! Love @Mackenzie_photo too. :)

The Kit

Canadian street style

Spotted in: Toronto

Freya Bernales
Architectural draftsman
Age: 23

What she's wearing
Zara jacket, Tiffany necklace, Forever 21 shirt, H&M jeans, Lola Shoetique shoes, Marc Jacobs bag, Ray Ban glasses

Her inspiration
"I try to avoid trends in favour of more classic looks — things I can mix and match easily."

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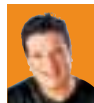
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Everlasting beauties: Choosing an artificial Christmas tree



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Choosing an artificial Christmas tree for your home can be an easy alternative to the delivery, set-up, care and messy removal involved in getting a real one. They're also fireproof, which makes them a favourite for apartment and condo dwellers who may not be able to have the real thing.

Artificial trees now come with long-lasting lights, realistic branches and designer touches like snow, ice crystals and pine cones.

Price

Artificial Christmas trees cost \$79 to \$1,200 depending on height, the number of lights, amount of branches and the quality of construction. On average, a good tree will cost \$30 to \$50 for each linear foot of the tree's height.

Size

Match the size of a tree to your ceiling's height and reduce the

size by six inches.

For example, if you have an eight-foot ceiling, choose a tree that is 7 1/2 feet in height. In rooms with exceptionally high ceilings, choose a tree that is at least two-thirds of the ceiling's height. Anything shorter will look dwarfed in the room.

Also consider the diameter at the bottom of the tree. This will determine how much floor space you will be taking up once the tree is assembled.

If space is at a premium, then consider a slim tree where the diameter of the base is less than four feet.

Lights

A quality tree will have 75 to 100 lights for each foot of the tree's height.

Look for features like floor step pedals to make turning the

lights on and off easier and a continuous light source, meaning if one bulb burns out or is removed, the other lights will continue to work.

Most artificial trees come pre-lit with clear/warm white lights. If you want trendy coloured lights instead, simply add them to the tree and don't plug in the clear pre-wired ones. A great way to change the look of your tree from year to year is with the investment of some new coloured lights.

Branches/tips

The more branches and tips on the tree, the fuller it will look and the more room you'll have to hang decorations.

Look for exceptional details like pine cones, a variety of baby-looking branch tips/needles, spacing between the branch layers of less than eight to 10 inches. This will give the tree a full, realistic look.

You can also wire on real pine cones and add fresh greenery to the tree for a lush look.



Winner of the most realistic-looking artificial tree is the 7 1/2 inch Snowy Fir Tree from The Martha Stewart Collection. \$279, homedepot.ca.



In extra tall spaces, the tree must reach at least half of the ceiling's height. Inset: A quality everlasting tree will have details like a variety of greens, pinecones, many tips and will be pre-lit for convenience. PHOTOS SUPPLIED

Cleaning

Scrub the glass, not the art

Why does it matter when you clean glass on a picture frame hanging on the wall that you spray your cloth to clean the glass, rather than spraying the glass directly, then using your cloth to clean the glass? I don't see any difference.



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Well firstly, from a cleaning perspective, you're

cleaning the glass either way. However, the reason it is best practice to always spray your cloth then wipe the glass is two-fold.

Firstly, you use less cleaning product.

Remember, I am always an advocate for less is more and less cleaning solution is generally a good thing.

But the second reason to spray the cloth is that when you spray the liquid on the glass, it starts to run down the glass.

It's easy to use too much liquid. The excess liquid that you are unable to catch goes down the glass inside the frame and ultimately bleeds on the art, thus damaging the art or the matting that surrounds the art.



If you spray the glass directly, it can run down to the frame and damage the art. ISTOCK IMAGES

Maximize your green when decorating this season

How do I decorate for a green Christmas?



QUEEN OF GREEN
Tovah Paglaro
green@metronews.ca

Christmas decor is big business! North Americans spend upwards of \$18 billion a year on seasonal decorations. And while I urge you to opt out and take a DIY approach to creating a festive atmosphere, it does equate to an awful lot of buying power!

So this season, if you are making purchases, make sure you're capitalizing on that buying power by investing in a green Christmas.

Christmas Lights

Christmas lights are a must for many, but make sure you use electricity sparingly. LED lights are now the standard. If you haven't adopted them yet, please do! This is one area where it's greenest to recycle the old and buy the new.

Maximize your green by using a timer to light up those LED lights only during prime hours.

Choose Reusable & Natural Materials

There is nothing festive about filling your home with toxic materials, like BPA- or PVC-laden plastics. And there's nothing merry about the production process used to create plastic decor. Aside from plastic bobbles, the worst offenders are tinsel and artificial snow — you know, the aerosol spray for windows.

Invest instead in items made from long-lasting, non-toxic materials like wood, ceramics and felt. These will bring joy year after year.

Hit a Craft Fair

Craft fairs are making a comeback, and for good reason. Brimming with sustainable local cheer, vendors and buyers alike seek to celebrate in style. Local artisans often find innovative ways to create using up-cycled items, natural materials and handmade methods.

I always find a gem to add to the tree and leave with plenty of inspiration for our own homemade items.

Less Is More

The greatest thing you can do to keep your holiday decor green is to take a less-is-more



Less is more! Don't get too swept up in the need to buy. ISTOCK IMAGES

approach. Get swept up in the holiday spirit, but don't get swept up in the over-consumptive need to buy. A few treasured items can go a long way toward creating holidays that celebrate kindness,

gratitude and family.

Have questions for the Queen of Green? Write to tpaglaro@davidssuzuki.org or tweet @DavidSuzukiGoG



Buying your first home: A major life milestone

Are you a property virgin? Your real estate goals could be closer than you think

EMMA
GODMERE
life@metronews.ca

Owning your first home is a major milestone. Buying property is likely one of the first significant investments you'll ever make — and it's an investment that you get to enjoy while it appreciates.

For young people in particular, the idea of getting a mortgage can feel like an insurmountable obstacle amid the reality of student and consumer debt, but your real estate goals don't have to be as far away as you think.

"You can never start too early," says Mark Salerno, corporate representative with the Canada Mortgage and Housing Corporation. "If you start early enough, you're going to know the degree of challenge that you're going to have."

Salerno suggests first meeting with your bank to

assess what kind of mortgage you might qualify for. Some hopeful homeowners may need to address debt and income concerns before taking the plunge, but banks and credit counselling agencies can help you become a better mortgage candidate.

If you're given the green light, the next task is finding a realtor.

Realtors will be able to shed light on market conditions, trends and prices, and help you comb through real estate listings.

A good place to start is with the Canadian Real Estate Association, which can link you to a realtor in your area. Realtors can also connect you to other important individuals like home inspectors and help negotiate a deal when you're ready to buy.

Some financial analysts may suggest renting a home is a better long-term approach, but while Salerno agrees it can be the more affordable option, he emphasizes the benefits of investing in your own piece of real estate are worth the purchase.

Start sharing

This is the fourth in a week-long series of articles chronicling some of the rites of passage many of Metro's readers will experience as they leave the nest or school and head out on their own.

How did you find your first apartment? Any tips you'd like to share? Visit metronews.ca/features/firsts, tweet us or even turn to the person next to you and share your stories.



"The market, on average, over time appreciates and you then have a means to build equity in your home," he says. "If you're in a renting situation, you're paying a mortgage — but it's your landlord's mortgage."



Buying your first home doesn't have to be scary. ISTOCK IMAGES

Three things to consider when looking for a new home

- Do you want a new home or a resale home? New homes will offer more up-to-date features, but can incur extra costs like GST or HST, for which there's no rebate if the house is more than \$450,000. Resale homes may need renovations, but are most likely surrounded by established neighbourhoods.
- Is the neighbourhood sustainable? A sustainable neighbourhood ideally offers affordable homes, access to public transit, and proximity to schools, shops and work. Residents in sustainable neighbourhoods should also be able to choose healthier transportation options, like walking and cycling.
- How much space do you need when it comes to bedrooms, bathrooms, storage, and outdoor areas? The CMHC recommends buying a home that meets most of your projected needs for the next five to 10 years.



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Unlikely trio of cherries, almonds and wild rice wows in Stuffed Pork

This impressive dish features juicy pork tenderloin filled with dried cherries, hearty wild rice, herbs and roasted almonds. It's sure to be the star of your gathering and will have your guests coming back for more!

Ingredients

- 2 tbsp (30 ml) olive oil
- 1 small yellow onion, diced
- 6 oz (170 g) Italian sausage, removed from casing
- 2 cloves garlic, minced
- 1/4 cup (50 ml) chopped parsley
- 1 tbsp (15 ml) chopped fresh thyme
- 1 tbsp (15 ml) chopped fresh rosemary
- 1/3 cup (75 ml) coarsely chopped dried cherries
- 1/2 cup (125 ml) coarsely chopped roasted almonds
- 1 cup (250 ml) cooked wild rice
- Salt and pepper to taste
- 2 1/2 lb (1.1 kgs) boneless pork loin, filleted
- Kitchen twine for wrapping
- Salt and pepper for topping

1. In a medium saucepan over medium heat, warm olive oil. Add onions and sauté until translucent, about 3 to 5 minutes. Add sausage and garlic and cook until browned and cooked through. Remove from heat and add parsley, thyme, rosemary, dried cherries and almonds. Stir in wild rice; add salt and pepper to taste.

2. Preheat oven to 350 F (180 C). Spread filleted pork loin out on a clean work surface. Top pork loin with prepared stuffing from edge to edge. Starting from the short side, roll pork loin and stuffing into a spiral.

3. Tie roll together with heavy-duty kitchen string in the centre and at the two ends of roast to prevent it from unrolling in the oven. Place roast on a rack in a shallow roasting pan and sprinkle generously with salt and pepper. Insert an oven-safe meat thermometer into the centre of the roast and cook for 1 hour.

Cherry, Almond and Wild-Rice-Stuffed Pork Loin



This recipe serves six to eight. NEWS CANADA

Reduce heat to 325 F (160 C) and continue to cook for another 45 to 60 minutes.

4. Remove roast from the

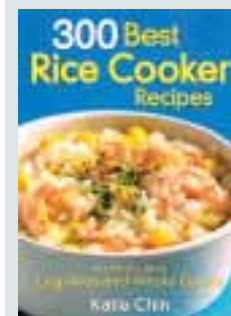
oven once the meat thermometer reaches 160 F (71 C). Allow meat to rest in the pan, loosely covered with foil for 20 to 30 minutes.

5. Remove from pan and cut twine away from the roast. Slice and serve.

NEWS CANADA/ ALMOND BOARD

Cookbook of the Week

Rice up your dinner



The recipes in 300 Best Rice Cooker Recipes by Katie Chin are inspired by flavours from around the corner and around the world. They also prove that every type of meal can be prepared in a rice cooker, from appetizers, soups and salads to main dishes, one pot meals and side dishes.

Delicious and time-saving recipes, perfect for busy working families and gourmet cooks alike include: Grits Jambalaya, Roasted Corn and Quinoa Salad, Chocolate Banana Oatmeal, White Chipotle Turkey Chili, Lemon Risotto with Shrimp and more. METRO

Ch-ch-ch-chia! Seeds star in unique Chia-Almond Pudding

The trouble with this under-appreciated ingredient is that for the next few days you're going to have its only-available-on-TV jingle stuck in your head.

Ch-ch-ch-chia! That's right, we've wandered into the Chia Pet aisle. Because the same seeds used to grow fluffy green pets also happen to be delicious and nutritious.

Chia seeds — which are a relative of sage — resemble poppy seeds, but with a nuttier, less assertive flavour. They have gobs of fibre and a fair amount of protein.

The seeds were a staple of the Aztecs, who roasted and ground them, then mixed them with water to form a porridge or meal for making cakes.

Chia seeds' reputation for providing sustained energy — as well as plenty of nutrients — more recently have turned them into the darling of the fitness world.

They also have shown up in a growing number of products in natural foods shops, from protein bars and baked goods to drinks. You can also try them in this delicious pudding.

Top the pudding with whipped cream and a sprinkle



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

of chia seeds. Or drizzle it with a bit of honey or agave syrup.

1. In bowl, combine all ingredients. Stir well. Leave bowl on the counter and stir once a minute for about 10 minutes. This prevents the seeds from clumping as they absorb liquid. Cover and refrigerate the

bowl for at least 6 hours, or ideally overnight. When you

think of it, give the pudding a stir. THE ASSOCIATED PRESS

Ingredients

- 2 cups vanilla almond milk
- 1 1/2 tablespoons chia seeds
- Zest of 1 lemon
- 1/2 teaspoon cinnamon
- Pinch of salt

Asian Barely and Wild Rice Salad. Get your fibre in this very easy dish



1. In a large saucepan, bring wild rice and chicken broth to a boil. Reduce heat and simmer for 15 to 20 minutes. Add barley and continue simmering an additional 40 minutes. Cover and let stand until all moisture is absorbed. Let cool.

2. In a large serving bowl, place barley mixture. Add remaining ingredients except pecans and mix well. Cover and refrigerate for 2 hours or overnight. Add pecans just before serving.

THE CANADIAN PRESS/ ALBERTA BARLEY COMMISSION

Ingredients

- 250 ml (1 cup) wild rice
- 1 l (4 cups) chicken broth
- 250 ml (1 cup) pot or pearl barley
- 75 ml (1/3 cup) soy sauce
- 75 ml (1/3 cup) rice vinegar
- 50 ml (1/4 cup) sesame oil
- 2 medium red peppers, chopped
- 50 ml (1/4 cup) chopped green onions
- 500 ml (2 cups) frozen corn, thawed
- 500 ml (2 cups) chopped pecans



CONTRIBUTED

D CONDO DEBUT IS A BIG HIT WITH BUYERS

SUITES IN 24-STOREY TOWER WILL OFFER SPECTACULAR VIEWS OF THE CITY

More than 300 people crowded into the D Condo presentation centre at 379 Broadway Ave. on the evening of Nov. 17 — and nobody came away disappointed.

With live music by the Winnipeg Jazz Orchestra and catering by Wasabi, there was much to enjoy. But the star of the show was definitely D Condo at the preview opening of the city's premier new condominium residence.

The vision of Sandhu Developments, D Condo will set a new standard for luxurious highrise living in downtown Winnipeg. The 24-storey condominium tower is set to rise at 390 Assiniboine Ave., the former site of the Restaurant Dubrovnik, with suites offering panoramic views of the city, the river and the legislative grounds.

With its location on the city's premier riverfront avenue, residents of the building will enjoy easy access to The Forks, along with being conveniently close to Winnipeg public transit.

Two-bedroom suites start from \$269,900 and three-bedroom suites from \$479,900, all luxuriously appointed and sharing a spectacular range of social, fitness and recreational amenities. The condominium is being spearheaded by Sandhu Developments Inc., the Winnipeg-based developer that has been responsible for projects including The Sands, Element, and Sherbrook Centre.

Those attending the preview were early registrants who had earned first choice from among the building's fabulous suite designs and views. But an outstanding choice of one- and two-bedroom suites remains for those now curious to discover what the excitement is all about.

For a private appointment to view the D Condo presentation centre at 379 Broadway Ave. (at Edmonton Street), call Lynne Dubi-enski at 204-295-9067 or email her at lynne@monopolyrealty.ca. You can also check out the website dcondo.ca.



Grand Opening

DOWNTOWN THE NEW LUXURY STANDARD

Soon to rise on the banks of the Assiniboine river at 390 Assiniboine Ave., this striking new 24 storey condominium offers a collection of suites boasting breathtaking views of the river and city center.

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SANDHU
DEVELOPMENTS

Both sides have valid claims in NHL negotiations: Expert

Lockout. League and players will meet separately with mediators again on Thursday

It's a good thing U.S. federal mediators aren't seeking to determine right and wrong while meeting with the NHL and NHL Players' Association this week.

According to sports management professor Aubrey Kent of

Temple University in Philadelphia, both sides have a valid reason to claim that they are in the right when it comes to their ongoing labour dispute.

"For me, the whole issue comes down to perspective," Kent said Wednesday in an interview. "Players feel as though they're being bullied and strong-armed and having things taken away — I can see that that's a legitimate perspective. Owners feel from a dollar-value perspective that the next seven years they've offered would be far more lucrative

than the previous seven years were, even as good as that was.

"And if you crunch the numbers, that's actually true as well."

No wonder the sides remain so entrenched in their positions.

They met separately with mediators Scot L. Beckenbaugh and John Sweeney on Wednesday afternoon at an undisclosed location — something Kent didn't anticipate would result in a "seismic" shift in perspective from either side. The non-binding sessions are intended

to try and help the sides find some common ground, and will continue Thursday.

The last move at the bargaining table came from the NHLPA, which presented a new offer last week that moved within \$182 million of the league over a five-year deal. Commissioner Gary Bettman said they remained "far apart."

The work stoppage comes at a time when NHL franchise values have never been higher, with the annual Forbes rankings released Wednesday valuing 20 of the league's 30 teams

at \$200 million or higher.

"Both sides feel they can get a better deal by waiting it out, but my view is that time only helps owners in these negotiations," said Kent. "And it's not just in this particular negotiation, but in any labour dispute. Employees are always at a disadvantage because salary lost is never regained."

"Whereas owners were there before the players and they'll be there after the players and they have plenty of time to make up anything that is lost."

THE CANADIAN PRESS



Canadian skier ready to launch assault on slopes

Larisa Yurkiw, from Owen Sound, Ont., prepares to blast out of the starting gate during a women's downhill training run at the Lake Louise Winterstart World Cup on Wednesday in Lake Louise, Alta. Yurkiw, competing at the Lake Louise World Cup for the first time since 2009, travelled a long road back from a catastrophic knee injury to be Canada's lone woman racing World Cup downhills this week. JONATHAN HAYWARD/THE CANADIAN PRESS

Hockey

Wings prospect faces 'super drunk' driving charges

Detroit Red Wings prospect Riley Sheahan faces charges under Michigan's tougher "super drunk" designation following a traffic stop during which police discovered him clad in a Teletubby costume.

According to a Grand Rapids police report obtained by MLive.com, Sheahan twice registered a blood alcohol level of 0.30 per cent following his arrest on Oct. 29. The driving limit is 0.08 per cent and the benchmark for the "super drunk" designation is 0.17 per cent.

Police say he was wearing the costume of a purple Teletubby, also known as Tinky Winky, during the stop. The 20-year-old Grand Rapids Griffins centre from St. Catharines played in college at Notre Dame.

THE ASSOCIATED PRESS

NHL. Glendale vote paves way for Coyotes sale

The Phoenix Coyotes have taken a major step toward securing an owner.

All that's left is one last hurdle.

Glendale's city council voted late Tuesday night in favour of a reworked, \$320-million arena management deal with Greg Jamison, clearing the way for the former San Jose Sharks CEO to complete his purchase of the team.

"The affirmative vote by the Glendale city council is an important step toward the realization of a positive ownership resolution for the Coyotes and their fans," NHL deputy commissioner Bill Daly said in a

statement Wednesday.

The city council approved a 20-year, \$324-million deal for Jobing.com Arena in June, but, faced with growing financial constraints, city leaders sought to renegotiate the deal. The council voted 4-2 in favour of the new deal, which cuts back Glendale's payments in the first five years, gives Jamison incentives to bring in more non-hockey events and issues penalties if there is an NHL lockout.

The new arena deal requires Jamison to complete his purchase of the team from the NHL by Jan. 21, 2013, a deadline he was confident would be met.

THE ASSOCIATED PRESS

WHL

Winterhawks coach banned for rest of season

The Western Hockey League suspended Portland Winterhawks head coach and general manager Mike Johnston for the rest of the season Thursday and announced the forfeiture of several draft picks after a series of league violations.

The Winterhawks were also fined \$200,000. The disciplinary action was a result of player benefit violations over the past four seasons, the WHL said in a release.

THE CANADIAN PRESS

Curling. Saskatoon's Lawton off to a hot start

Stefanie Lawton is off to an impressive start at the Capital One Canada Cup curling competition.

The Saskatoon skip won her second game of the day in Moose Jaw, Sask., defeating Heather Nedohin of Sherwood Park, Alta., 8-5 in Draw 2 action Wednesday.

Earlier, Lawton downed Sherry Middaugh of Coldwater, Ont., 10-4.

The two wins give Lawton a good start on her quest for an Olympic berth in Sochi in 2014. The winner of both the men's and women's tournaments in Moose Jaw will receive one of the six automatic qualification

Men's action

- Edmonton's Kevin Koe (1-0) beat John Epping of Peterborough, 5-3.

- That brought Epping's young rink back down to earth after they scored a 7-6 win over Olympic champion Kevin Martin in the first draw.

spots for the 2013 Roar of the Rings — the tournament that will determine who advances to the 2014 Winter Games in Sochi. THE CANADIAN PRESS

Former ballerina turned skeleton racer looking lively on track

Road to Sochi.

Calgary's Sarah Reid needs two more top-six results to qualify for 2014 Winter Olympics

Sarah Reid tried to go from being a ballerina to a bobsledder, but the conversion did not work out as planned.

So she turned to the sport of skeleton instead. The move, which she made a decade ago, is paying off on the World Cup circuit this season.

The 25-year-old Calgary racer placed first and second in two of the season's first three World Cup events. As the team heads to Europe, she needs two more top-six results, including one next season, to qualify for the 2014 Winter Olympics.

"When I stopped dance, I wanted to do something really different, try something new, and I originally really wanted to do bobsleigh,"



Sarah Reid competes at the women's World Cup skeleton event last Friday in Whistler, B.C. The 25-year-old Calgary racer has placed first and second in two of the season's first three World Cup events. DARRYL DYCK/THE CANADIAN PRESS FILE

she said. "I didn't even know what skeleton was at the time."

Reid, who specialized in the Cecchetti form of ballet, was on the verge of qualifying

for her teaching certificate in the discipline when she had a change of heart. She contacted the national team's Calgary base, and arranged to go to a Bobsleigh Canada se-

lection camp. But the diminutive Reid soon discovered that bobsled, which requires considerable strength and explosive speed to push a heavy sled, was not for her.

"Once I actually got out there in the ice house with all the other bobsleigh athletes, it was pretty apparent that I'm way too small for bobsleigh," she said. "I was really

Quoted



"It was just time to try something different."

Skeleton competitor Sarah Reid on her new sled, which her coach Duff Gibson assumes is mostly responsible for the improvement for Reid, a "big competitor" who missed out on podiums prior to this season.

young at the time, too. So (Bobsleigh Canada officials) took me aside and put me in skeleton."

Canadian coach Duff Gibson said Reid's results have improved dramatically this season, as shown by her first World Cup gold and silver medals, but she is not doing much differently. One key difference is that she is relaxing her back and neck muscles to absorb the ice better as she slides.

"That's a very subtle difference," he said. "But it has an effect on her aerodynamics."

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Horoscopes

Aries

March 21 - April 20
If you know a secret about a friend, you are strongly advised to keep it to yourself. Don't embarrass them by letting other people in on information they don't need to be aware of. You have secrets too!

Taurus

April 21 - May 21
You won't find it hard to win people round to your way of thinking. With your ruler, Venus, linked nicely to energy planet Mars others want to believe every word you say. Whether or not it's true is another matter.

Gemini

May 22 - June 21
Forget about your chores and responsibilities and do something strictly for fun. This is not a day to push yourself hard. This is a day to take things easy. Time spent in the company of friends will not be time wasted.

Cancer

June 22 - July 23
Today should be a fun day for you, followed by a fabulous Friday and a stunning Saturday. Romance is under good stars right now, so let a special person know just how much you think of them.

Leo

July 24 - Aug. 23
You will find it easier than usual to deal with family issues today, so make a point of trying to resolve disagreements with loved ones. It must not be all one-way traffic. It's not about blame, it's about helping each other.

Virgo

Aug. 24 - Sept. 23
Relaxation and affection are the keywords today. That applies not only to your dealings with loved ones but also to those you work with. Your laid back attitude will draw people to you.

Libra

Sept. 24 - Oct. 23
Listen to what others tell you and act on their advice. You may wonder why they are so eager to help you but the planets indicate there is no need to be suspicious. They just want to see you do well.

Scorpio

Oct. 24 - Nov. 22
Cosmic changes over the next few days will bring challenges of a serious nature, but that does not mean you can't have fun as well. Today's Venus-Mars link will bring out your playful side — and maybe your romantic side too.

Sagittarius

Nov. 23 - Dec. 21
Don't let money worries get in the way of taking a personal relationship to a new level. You don't have to spend a fortune to have fun with the object of your affection, just do things together that you both enjoy.

Capricorn

Dec. 22 - Jan. 20
Make sure you get out and about, and interact with wide a range of people today. The more you are on the move, the more likely it is you will meet someone with whom you can make beautiful music.

Aquarius

Jan. 21 - Feb. 19
Watch out for opportunities to boost your reputation today. Venus in the career area of your chart, linked to go-getting Mars, will open doors to you that may have been closed before. Or maybe you never knew they existed!

Pisces

Feb. 20 - March 20
Your sparkling personality will draw people to you like moths to a flame today. Wherever you go, others will want to be your friend, and you'll have more than enough warmth to go around. **SALLY BROMPTON**

Crossword

Across

1. Pot cover
4. Heard on Perry Mason
8. Wing reach
12. Electrified particle
13. Inspired
14. Tedious office job
15. Movie alien
16. Cheers was one
17. Orange Pekoe or Earl Grey
18. Buffy the — (2 words)
24. First class (2 words)
25. Carol Burnett tugged this
26. Bundle
28. Barn layer
29. Precious jewel
32. Food scrap
33. Easel board
35. — Speedwagon
36. Mornings (abbr.)
37. Exclamations of contentment
38. He played the Skipper on Gilligan's Island
39. Scrape out a living
40. Slime
42. Set a programme to music
48. Sales agent (abbr.)
49. Hard knock
50. Egyptian Sun God
51. Extremely dry
53. Found in an atlas
54. " — Cup"
55. Greet
56. Pochard
57. Wheel of Fortune purchase

Down

1. Actor Schreiber
2. Small amount
3. He starred in "The Pink Panther" movies (init.)
4. Log home
5. Alert
6. Withered
7. Asner or Norton



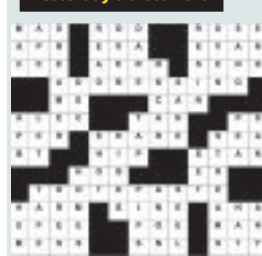
BY BETTY MARTIN

8. Nora on Brothers & Sisters (init.)
9. Feel sorry for
10. Aweather
11. Close by
19. Soda fountain treats
20. "The Raven" poet
21. As — on TV
22. Acreage
23. State where Evening Shade was set (abbr.)
26. Fancy scarf

27. Upper limb
28. This Hour — 22 Minutes
29. Diagram
30. Slippery fish
31. One of The Three Stooges
33. Japanese wine
34. Only Cosby son the The Cosby Show
38. Jump
39. Hospital waiting room (abbr.)
40. Green or purple fruit

41. Slip up
42. Study hard for a test
43. — Come the Brides
44. Early Ron Howard role
45. Metric weight
46. Moran of Happy Days
47. Giant powerful dog: Great —
52. The star of The Apprentice (init.)
53. Form of address
54. British thanks

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

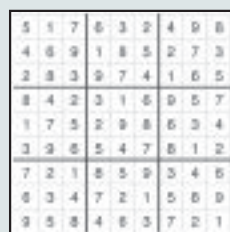


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY



MAX: -11°
MIN: -16°

FRIDAY



MAX: -7°
MIN: -8°

SATURDAY



MAX: -3°
MIN: -8°



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29 City / 40 Hwy (miles per gal)*

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*Models shown are the 2013 Outback 2.5i Convenience SMT (E01) CPV, 2013 Forester 2.5X SMT (E01) CPV, 2013 XV Crosstrek Touring SMT (E01) TPV with MSRP of \$28,515 / \$28,015 / \$26,515 including freight & PDI (\$7,595), documentation fees (\$395) and battery acid tax (\$33). Licence, taxes, insurance and registration extra. **0.9% finance and lease rates available on all new 2013 Outback / 2013 Forester models for a 34-month term. Financing and leasing programs available through Toyota Credit Canada Inc. on approved credit. Dealer price/trade may be necessary. **Other valid 2011 Forester 1, 2012. See your local Subaru dealer or www.western.subaruoutlet.ca for complete details. †Based on national resources Canada's estimated fuel economy of 9.8L / 8.5L per 100 km (city) and 7.0L / 6.7L per 100 km (highway) or 29 / 32 miles per gallon (city) and 40 / 43 miles per gallon (highway) for a 2013 Outback 2.5i Convenience SMT (E01) CPV / 2013 XV Crosstrek Touring SMT (E01) TPV. Actual fuel consumption will vary based on driving conditions, driver habits, and vehicle load.



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A promotional banner for Makita's Year-End Sale. The background is a blurred image of a construction site at night with bright lights. A large, thick red ribbon banner curves across the middle of the image. The text 'makita.ca' is in the top left. The main text 'YEAR-END SALE' is in large white letters on the red banner. Below the banner, the words 'ON NOW' are written in large white letters on a dark background.

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